



Gratitude: A Shortcut to Happiness
HALEH BANANI

The book cover features a white background with pink cherry blossoms at the top and bottom, and two pink butterflies. The title 'Gratitude' is written in a large, black, cursive font. Below it, 'A SHORTCUT TO HAPPINESS' is written in a smaller, pink, sans-serif font, and 'Journal' is written in a black, cursive font.

Gratitude

A SHORTCUT TO HAPPINESS

Journal

HALEH BANANI
M.A. CLINICAL PSYCHOLOGY

Hit the Ground Running on Day One

Dream
RETIREMENT
JOURNAL
FOR
WOMEN

JOYCE HEISER

Foreword by Donna Parton

BOOST YOUR MOOD. TRAIN YOUR
MIND. CHANGE YOUR LIFE.

3 MINUTE
Positivity
JOURNAL

KRISTEN BUTLER

3 MINUTE *Positivity* JOURNAL

KRISTEN BUTLER



3 MINUTE
Positivity
JOURNAL

**BOOST YOUR MOOD
TRAIN YOUR MIND
CHANGE YOUR LIFE**

KRISTEN BUTLER
FOUNDER OF POWER OF POSITIVITY

THE
**REAL
BUSINESS
PLAN**

HOW TO WRITE A SIMPLE, LIVING,
BREATHING BUSINESS PLAN THAT WILL
ACTUALLY DRIVE YOUR BUSINESS

KATH PARRINGTON

THE
**REAL
BUSINESS
PLAN**

HOW TO WRITE A SIMPLE, LIVING,
BREATHING BUSINESS PLAN THAT WILL
ACTUALLY DRIVE YOUR BUSINESS

KATH PARRINGTON

YOUR GUIDE TO ACHIEVING ACADEMIC EXCELLENCE



Student
PLANNER

The Ultimate Student Companion



Cycling Journal

LAUNCH THE BRAND

The Blueprint to Launching your
T-Shirt Line in **30 Days or less**



**MILLION
DOLLAR
BRAND**

WITH
JAYLEN
LAGRANDE

JAYLEN LAGRANDE

PARENTING ADHD KIDS

ACROSS THE LIFESPAN
WITH PATIENCE.

**11 FUN
EXECUTIVE
FUNCTIONING**
Games, Tips
& Secrets
So Everyone
Thrives

DANA DARBY



PARENTING ADHD KIDS



The in-depth workings of executive functioning, including a comprehensive breakdown of its three main components, plus smaller skills that are still covered under the umbrella of executive functioning. Tools for time management—that your child will actually use.

Strategies your child can use to develop self-awareness, so they can better reflect on what methods would work for them, not their teachers, parents, or peers.

How to teach your child impulse control, eliminate meltdowns, and foster their emotional control to a fine point.

A deeper understanding of the disorders that can cause executive functioning disorders, including anxiety, autism, and ADHD, as well as how they can be treated so your child achieves maximum success.

And a grand pool of resources to help get your child the care they need to thrive!

DANA DARBY

Dana Darby is an energetic, hard-working parent of 3 school-aged children, all of who have ADHD. Throughout her parenting journey she became an advocate for her child in helping others understand the challenges of raising a child with ADHD.

PARENTING ADHD KIDS

11 Fun Executive Functioning Games, Tips & Secrets So Everyone Thrives

DANA DARBY

How to Talk to Your **Teenage Daughter**
About Their **Emotions, Mind, and Period**

PUBERTY FOR *Girls*



— **AZITA K.** —

CO - WRITERS : ARMITA AND ARTA N